



Contents

- Fun Run 2009
- EMT Class
- Gym Use
- Vote
- EMS Notes
- EMS Refresher
- Call Statistics
- Trivia
- Safety
- Tailboard
- Action Photos
- Apparatus Spotlight
- Apparatus Update



Sept./October
2009

Fun Run For Charities 2009

The 2009 Fun Run for Charities was again a success this year. The annual event has proven to be an excellent fund-raiser for local non-profits.

Red Lodge Fire Rescue plays a major role in the event each year by providing traffic control throughout the course. This year, RLFR personnel volunteered more than 70 hours to the event.

The figures are in, and we are pleased to announce that the fire division received \$7,473.26, and EMS division received \$3,973.23. We would like to take the opportunity to thank everyone who donated to

fire and EMS this year. Your contributions are greatly appreciated. Donated funds go towards equipment, fire apparatus, and other items that allow RLFR to continue to provide top-notch fire protection for Red Lodge and the surrounding area.

Thank you to RLFR Lieutenant Sarah Ewald, who is a co-chair of the event, and for all the hours of work that she puts into this event each year. Thank you as well to all the RLFR personnel who volunteered time to the event. It was a great success, and we look forward to Fun Run 2010!

RLFR Needs Your Vote!



Among the items that will be on the ballot when Red Lodge voters go to the polls on November 3rd is an issue that has a profound effect on emergency services and our ability to serve the community.

On the ballot, one issue is worded as "Expand and amend the use of the city's resort tax to include emergency services as eligible use within 79% of resort tax revenues. Shall the City of Red Lodge expand the use of the City's resort tax to include appropriations for emergency services within 79% of resort tax revenues.

Please vote "FOR" on this issue. Presently, there is no mechanism in place for purchasing capital items such as fire trucks, ambulances and police cars. This measure does not add any new taxes or expenses, it simply opens up the resort tax revenue for use in purchasing these capital items for emergency services as approved by the city council.

RLFR is in need of capital items such as a new ladder truck and a backup city fire engine. This measure would help us obtain these crucial pieces of equipment.

Your vote for this measure is appreciated!

Gym Use

The gym has been seeing good use since it was officially placed into service. The goal of having a quality fitness center for our department members is twofold. First, we care about the health of our volunteer and paid personnel. Second, fit firefighters are better able to carry out their duties than unfit firefighters. Having personnel who are in shape means that we do the best job possible when it comes to our fire/rescue/EMS duties.

A medical-office-type scale in the gym helps our members track their weight loss, and we are already seeing great results. Many of our members are moving steadily towards their weight loss goals. One has even lost over 30 lbs so far!

The RLFR gym is open for use by our members, their families, and members of cooperating agencies such as the Roberts Fire Department and the Red Lodge Police Department. Please sign in and sign out so we can track how much use it is getting. It is a wonderful resource to have in-house, take advantage of it!

Just a reminder to keep an eye on the online training calendar for upcoming in-house, DNRC, and other trainings. EMS personnel, how are you on CE hours?

Annual EMS Refresher Coming Up! Nov 6, 7, 8
Sign-up sheet located on the training room bulletin board



Firefighter Will Bernard pulls fire hose while operating on the scene of a natural gas leak.

Apparatus Update

- M71 has had some work done recently for several problems, including a broken drivers-side rear door handle, a fuel gauge problem, and a broken gear indicator.
- A71 recently had the tires rotated.
- T71 recently had the tires rotated.
- The parts for L71 will be in in late November.

EMS Refresher Coming

This year, it is RLFRs turn to host the regional EMS refresher. Linda Barbee, Ruth Bilyeu and Jim Noe have been working hard in planning the refresher weekend. The variety of activities, classes and instructors is sure to keep things lively during event.

Don't forget, a 24-hour refresher course is required every 2 years in order to maintain your EMS license. If you need the refresher and have not done so already, get your name on the sign-up sheet on the bulletin board in the training room. It looks like there will be a large turnout for the weekend. Thank you to Ruth, Linda and Jim for their hard work planning this year's refresher!

EMT Class

The fall/winter EMT class got underway on Sunday, October 18th. The class currently has 11 students in it, and will conclude in early March. The EMT-basic course covers topics such as airway management, bleeding control, fracture stabilization, CPR, and emergencies such as cardiac, poisoning, and diabetic emergencies.

Classes run each Sunday from 0800-1230, with the last Sunday of each month running from 0800-1700. We are fortunate to have a great group of motivated students. This class's students include Dan Johnson, Tyler Rae, Bonnie Ples, Tyler Kulla, Danielle Brown, Ethan McDowell, Jen Legnini, Tara Swanson, Tanja Rebhahn, Ruben Range, Kylee Jarvi and Kathryn Kain.

They will be starting their observer time in the upcoming weeks, so you will be seeing them on calls and in the station. All of the students will be wearing a yellow RLFR uniform shirt so they can easily be identified as students. Please make them feel welcome and help them out as they learn their new skills.

Attention EMS Division Members

January will be here before you know it. Do you know where you sit on service hours? Check the bulletin board in the training room. Remember, you need 360 hrs per year!



High angle rescue training using the new indoor training facility in the RLFR station on October 27th.



Cascade Fire t-shirts are in stock in the fire supply room and are available for sale at \$10 each.

Trivia

How many 911 calls are placed each year in the United States?

Answer on page 4

EMS Notes

With the lack of linen available for switch out at the Billings hospitals, and with the burden of laundering and restocking linens, we will be giving disposable cot sheets and pillowcases a try. In each ambulance, you will find 5 "cot bedding" kits containing a fitted cot sheet and a pillowcase. They are lightweight, impervious to fluids, and the cot sheets are strong enough to be used for patient transfer. Please save the plastic bags and put them in the medical supply room, as they can be reused for making more kits.

Also, be sure to fill out a short report for any standbys that we perform. You can do a hardcopy report for these if you desire.

One last thing, ski season will be upon us soon. Our call volume will be picking up dramatically. Let's try to get crew 1 and crew 2 filled in the callbook everyday.

Did you Know? . . .

A heart attack occurs in the US about every 20 seconds.

Quote of the Month. . .

"Action is the foundational key to all success"

**Pablo Picasso
1881-1973**

September Response Statistics - 38 EMS, 20 Fire Calls

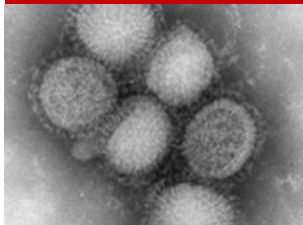
9/3	Trauma	BLS	Motor Vehicle Crash	Pt with head pain transported to BHHC.
9/4	Medical	ALS	Vertigo	Pt transported to BHHC.
9/4	Interfacility	BLS	Headache	Pt transported from BHHC to Billings Clinic.
9/4	Medical	BLS	Intoxication	Pt refused transport, no medical care necessary.
9/4	Interfacility	BLS	Hip Fracture	Pt transported from BHHC to St. Vincent's.
9/5	Trauma	BLS	Ankle Injury	Pt transported to BHHC.
9/5	Trauma	BLS	Epistaxis	Pt had bloody nose d/t trauma. Pt refused transport.
9/5	Trauma	BLS	Facial Lacerations	Pt injured in altercation. Pt refused transport.
9/5	Hospital Assist	ALS	Hospital Assist	Called to assist BHHC staff. Cancelled on arrival.
9/6	Interfacility	BLS	Ankle Fracture	Pt transported from BHHC to Billings Clinic.
9/7	Medical	ALS	Respiratory Distress	Pt transported from Roberts to St. Vincent's.
9/7	Trauma	BLS	Ankle Injury	Pt transported to BHHC.
9/7	Interfacility	ALS	Flank Pain	Pt transported from BHHC to Billings Clinic.
9/9	Interfacility	BLS	Post-Surgery	Pt transported from St. Vincent's to BHHC.
9/11	Interfacility	ALS	Abdominal Pain	Pt transported from BHCH to St. Vincent's.
9/11	Medical	BLS	Respiratory Distress	Pt transported to BHHC.
9/16	Interfacility	ALS	Headache	Pt transported from BHHC to St. Vincent's.
9/16	Interfacility	BLS	Hip Fracture	Pt transported from BHHC to Billings Clinic.
9/18	Standby	BLS	Standby	Medical standby for football game.
9/18	Trauma	BLS	Motor Vehicle Crash	Pt had arm pain. Refused transport to the hospital.
9/18	Medical	BLS	Weakness	Pt transported to BHHC.
9/18	Interfacility	BLS	Infection	Pt with a leg infection transported from BHHC to St. Vincent's.
9/19	Trauma	BLS	Lacerations	Two patients involved in an altercation. Refused transport.
9/19	Trauma	BLS	Head Injury	Pediatric trauma patient transported to BHHC.
9/20	Medical	ALS	Nausea/Vomiting	Pt transported to BHHC.
9/21	Medical	BLS	Respiratory Distress	Pt transported to BHHC.
9/21	Interfacility	BLS	Leg Fracture	Pt transported from BHHC to Billings Clinic.
9/21	Interfacility	ALS	Seizures	Pediatric patient transported from BHHC to St. Vincent's.
9/21	Interfacility	BLS	Cancer	Cancer patient transported from BHHC to Billings Clinic.
9/21	Medical	ALS	Seizures	Pediatric patient transported to BHHC.
9/24	Medical	ALS	Possible Stroke	Pt transported to BHHC.
9/24	Interfacility	BLS	Chest Pain	Pt transported from BHHC to Billings Clinic.
9/25	Medical	ALS	Vertigo	Pt transported to BHHC.
9/25	Medical	BLS	Failure to Thrive	Pt transported to BHHC.
9/25	Interfacility	ALS	Pneumothorax	Pt transported from BHHC to Billings Clinic.
9/25	Standby	BLS	Standby	Medical standby for football game.
9/26	Medical	ALS	Respiratory Distress	Pt transported to BHHC.
9/29	Interfacility	BLS	Hypoxemia	Pt transported from BHHC to Billings Clinic.

September Fire Responses

9/3	Motor Vehicle Crash	Rural	Cancelled prior to arrival.
9/4	Automatic Fire Alarm	Rural	False alarm, cancelled prior to arrival.
9/3	Wildland Fire	Rural	Assisted Stillwater County / Columbus on a large wildland fire.
9/4	Wildland Fire	Rural	DNRC contract fire in Stillwater County.
9/5	Automatic Fire Alarm	City	Fire alarm. False alarm, no hazard found.
9/6	Automatic Fire Alarm	Rural	False alarm, cancelled prior to arrival.
9/6	Automatic Fire Alarm	City	Fire alarm. False alarm, no hazard found.
9/7	Automatic Fire Alarm	City	Fire alarm. False alarm, no hazard found.
9/14	Automatic Fire Alarm	City	Fire alarm. False alarm, no hazard found.
9/17	Wildland Fire	Rural	Wildland fire on Dry Creek Rd. Approximately 80 acres.
9/17	Automatic Fire Alarm	City	Fire alarm. False alarm, no hazard found.
9/17	Smoke Investigation	Rural	Investigate smoke near RL Mountain Ski Resort. No hazard.
9/18	Motor Vehicle Crash	Rural	Provide traffic control, checked vehicle for hazards.
9/23	Hazardous Materials	City	Fuel spill at airport. Contained and removed materials.
9/20	Line Down	City	Line down from pole. Controlled access until fixed.
9/24	Wildland Fire	Rural	Assisted Roberts Firefighters on a wildland fire.
9/25	Investigate Report of Fire	City	Report received of a "large fire". No fire found on investigation.
9/28	Hazardous Condition	City	Carbon monoxide found in business. Ventilated.
9/29	CO Check	City	Checked structure for carbon monoxide. None found.
9/29	Natural Gas Leak	Rural	Gas line damaged. Cancelled by NW Energy on arrival.



Safety - H1N1 Virus (Swine Flu) Source: United States CDC



Anyone who watches the news or listens to the radio has heard talk of the H1N1 virus this fall. In our field, we have a good possibility of coming into contact with someone infected with the virus. Here is some information from

the CDC on the H1N1 virus, and ways that you can protect yourself.

What it is: H1N1 is a new influenza that first showed up in the US in April 2009. The virus spread rapidly, and on June 11, 2009, a global pandemic was declared by the WHO (World Health Organization). The virus got the nickname "Swine Flu" because of its semblance to a virus found in pigs in North America.

How it is spread: It is spread primarily via coughing and sneezing, or persons touching an infected surface and then touching their mouth or nose.

Signs and symptoms: S/S can include fever, cough, sore throat, stuffy/runny nose, fatigue, headaches, chills, body aches and sometimes vomiting and diarrhea.

Severity: Most persons infected recover without needing medical care or hospitalization. The most at-risk are the same group that are at-risk from any normal illnesses, young children and adults 65+. Of the persons requiring medical treatment or hospitalization for H1N1, 70% already had a medical condition placing them in the high-risk category,

such as pregnant persons, persons with diabetes, asthma and heart disease.

Notes: Persons who become infected with the H1N1 virus are contagious from 1 day before symptoms show thru about 5-7 days of illness.

Severe cases: There are some warning signs that warrant seeking immediate medical attention should they appear. These signs include:

In children: fast breathing or difficulty breathing, fever with a rash, irritability, not waking up or not interacting with others, lack of fluid intake.

In adults: difficulty breathing, pain or pressure in chest or abdomen, sudden dizziness, confusion, severe or persistent vomiting.

Prevention: Frequent hand washing and the use of alcohol-based hand sanitizer is of major benefit. Try to avoid contact with sick persons when possible. If you transport a patient who is coughing or sneezing, put a N95 mask on them. If transporting an infection person or one suspected of infection, wear a N95 mask yourself. Avoid touching your eyes, nose and mouth if at all possible.

A thorough cleaning of the patient compartment in the ambulance goes a long way in protecting you and our other patients. Disinfect anything that the patient may have touched, and wipe down all surfaces well.

Upcoming Dates

Nov 2	EMS Training - Fire Rehab	0830-2200
Nov 2-3	Live Fire Training	1900-2200
Nov 6-8	EMS Refresher	See signup
Nov 9	Fire Association Meeting	1900-2200
Nov 16	Fire Training - Preplans	1900-2200
Nov 18	EMS Association Meeting	1900-2200
Nov 23	Fire Officers Meeting	1900-2200
Dec 7	Fire Association Meeting	1900-2200
Dec 12-14	S-234 Class - Joliet FD	See Tim
Dec 14	Fire Training - Safety / Surv.	1900-2200
Dec 16	Incident Business Mgmt.	1900-2200
Dec 16	EMS Trng. - Command Bus	1900-2200
Dec 16	EMS Trng - Trip Reports	1900-2200
Dec 21	Fire Officers Meeting	1900-2200
Dec 23	EMS Association Meeting	1900-2200

Tailboard

- The EMS Association has moved the EMS officers meetings to the first Wednesday of each month at 1730 hrs.
- Officers meetings are now being held in the new conference room upstairs.
- Thank you to the EMT's who assisted with the OEC testing.
- If you use the gym on Sunday mornings, please try to be considerate of the EMT class going on in the upstairs conference room and keep down any unnecessary noise.
- There is now a stereo system in the gym. Please be considerate of others when it comes to volume and possibly offensive music.
- We now have towels specifically for use in the gym and the upstairs restrooms. They are embroidered "RLFR Gym" in red. Please do not use these towels for cleaning anything other than yourself or the gym equipment.
- There will be a meal before EMS meetings year-round from now on, not just during the summer months.
- Just a reminder that the items in the medical supply room (BVM's, etc) are for patient use, not training. There are expired medications that are kept for training, but for other items, please use items from training supply.
- Please do not put dirty linen or full trash bags in medical supply.

Trivia Answer

150 Million 911 calls are placed each year in the U.S.



August Responses - 41 EMS, 21 Fire Calls

8/1	Interfacility	ALS	Weakness	Pt transported from BHHC to St. Vincent's.
8/1	Standby	BLS	Standby	Medical standby for the Climb to Conquer Cancer at RL Mountain.
8/4	Medical	ALS	Allergic Reaction	Pt transported to BHHC.
8/6	Medical	ALS	Chest Pain	Cardiac patient transported to BHHC.
8/6	Interfacility	ALS	Chest Pain	Cardiac patient transported from BHHC to Billings Clinic.
8/8	Standby	BLS	Standby	Medical standby for the Kid's Rodeo. No patients transported.
8/8	Medical	ALS	Diabetic Emergency	Pt treated on-scene, declined transport.
8/8	Trauma	BLS	Motorcycle Crash	Pt struck a bear with his motorcycle. Shoulder pain. Refused transport
8/9	Trauma	BLS	Motor Vehicle Crash	Pt refused transport / treatment.
8/11	Trauma	BLS	Motor Vehicle Crash	Pt refused transport / treatment.
8/12	Interfacility	ALS	Arm Fracture	Trauma patient transported from BHHC to St. Vincent's.
8/13	Medical	ALS	Respiratory Distress	Pt transported to BHHC.
8/14	Medical	BLS	Respiratory Distress	Pt transported to BHHC.
8/14	Standby	BLS	Fire Standby	Standby during natural gas leak. Performed rehab for firefighters.
8/15	Interfacility	ALS	Abdominal Pain	Pt transported from Columbus Hospital to Billings Clinic.
8/15	Medical	ALS	Diabetic Emergency	Pt treated on-scene, refused transport.
8/18	Medical	ALS	Chest Pain	Pt transported to BHHC.
8/18	Interfacility	ALS	Chest Pain	Pt transported from BHHC to Billings.
8/18	Trauma	ALS	Motorcycle Crash	Pt transported to BHHC.
8/19	Medical	BLS	Respiratory Distress	Pt transported to BHHC.
8/19	Interfacility	ALS	Abdominal Pain	Pt transported from BHHC to Billings Clinic.
8/20	Standby	BLS	Fire Standby	Standby for structure fire. Firefighter rehab. No pt's transported.
8/21	Medical	ALS	Hypotension / Cardiac	Pt transported to BHHC.
8/22	Interfacility	ALS	Trauma	Pt transported from Columbus Hospital to Billings Clinic.
8/22	Interfacility	ALS	Seizures	Pediatric patient transported from BHHC to St. Vincent's.
8/22	Trauma	ALS	Head Injury	Pt injured in a fall. Transported to BHHC.
8/22	Medical	BLS	Vertigo	Pt transported to BHHC.
8/22	Medical	BLS	Altered Mentation	Pt refused transport.
8/22	Medical	ALS	Seizures	Pediatric patient with seizures transported to BHHC.
8/25	Trauma	BLS	Motor Vehicle Crash	Two patients transported to BHHC.
8/26	Interfacility	BLS	Weakness	Pt transported from BHHC to Billings Clinic.
8/26	Interfacility	BLS	Post-Op Recovery	Pt transported from St. Vincent's back to BHHC.
8/26	Interfacility	BLS	Visual Disturbance	Pt transported from BHHC to St. Vincent's.
8/30	Trauma	BLS	Motor Vehicle Crash	Cancelled enroute, no patient contact made.
8/30	Hospital Assist	ALS	Trauma / Pneumothorax	Called to assist BHHC staff with a trauma patient.
8/30	Interfacility	CCT	Trauma / Pneumothorax	Pt transported from BHHC to St. Vincent's.
8/30	Trauma	ALS	Motorcycle Crash	Trauma patient transported to BHHC.
8/30	Interfacility	ALS	Head Injury	Trauma patient transported from BHHC to St. Vincent's.
8/31	Trauma	BLS	Hip Injury	Pt transported to BHHC.
8/31	Standby	BLS	Fire Standby	Standby for bomb threat at RLHS. No patients transported.
8/31	Standby	BLS	Fire Standby	Standby for structure fire. No patients transported.

August Fire Responses

8/2	Wildland Fire	Rural	Lake Fork Trailhead area. M71, E78, E77, T71 responded.
8/9	Motor Vehicle Crash	Rural	Ski Run Rd. Provide traffic control, check for hazards. E71, R71, M71.
8/10	Motor Vehicle Crash	Rural	MM 68, US Hwy 212. Cancelled PTA. M71, E71, R71 responded.
8/10	Audible Fire Alarm	Rural	Residential fire alarm. No fire found. C71, E71, T71, R71 responded.
8/11	Motor Vehicle Crash	Rural	Ski Run Rd. Provided traffic control. E71, M71, R71 responded.
8/11	Wildland Fire	Rural	Mutual aid to Silesia fire. C71, C79, T71, E76, E78 responded.
8/12	Automatic Fire Alarm	Rural	Luther School. No fire found. M71, E72, E71 responded.
8/12	Wildland Fire	Rural	Mutual Aid for the Golden Fire. C71, E76, T71, E79 responded.
8/14	Natural Gas Leak	City	Evacuated homes, traffic control. R71, E71, M71, C71, L71, A71, T71.
8/18	Fire Alarm	Rural	Residential fire alarm. Cancelled before leaving station.
8/20	Structure Fire	Rural	Structure fire. M71, E71, R71, T71, T73, T72, E79, E61, RQRU resp.
8/21	Natural Gas Leak	Rural	Investigated. C71, E71 responded.
8/21	Automatic Fire Alarm	Rural	False alarm. M71, E71 responded.
8/21	Vehicle Fire	Rural	Extinguished fire. E71, T71, E78 responded.
8/22	Wildland Fire	Rural	Ward Fire - Mutual aid to Joliet. T71, E76 responded. 2-day fire.
8/25	Motor Vehicle Crash	Rural	Provided traffic control, assisted EMS. R71, E71, E79 responded.
8/26	Automatic Fire Alarm	City	No fire found. C71 responded. Other units cancelled prior to arrival.
8/26	Natural Gas Smell	Rural	Investigated. C71, E71, E79, T71 responded.
8/26	Automatic Fire Alarm	City	No fire found. C71, E71, T71, R71 responded.
8/27	Hazardous Materials	City	Motor oil spill contained and cleaned up. C71, E71, E79, M71 responded.
8/30	Motor Vehicle Crash	Rural	Checked vehicle for hazards. A71, E71, E72 responded.



RLFR In-Action



RLFR engine and a USFS engine operate on a wildland fire near Silesia.

Fire Prevention Week - 2009



10/28/2009



RED LODGE FIRE RESCUE
10/28/2009



Above: RLFR works a structure and hay bale fire North of Red Lodge on August 31st.

RLFR members visit Red Lodge schools to discuss fire safety with elementary students during fire safety week 2009.



Refresher Topics

Some of the speakers and classes that will be included in the 2009 EMS refresher will include:

Neurological Emergencies:	Dr. Karen Porth
Ob/Gyn:	Teresa Hauge, RN
Well Being of the EMT:	Aaron McDowell, CCEMT-P
Infants and Children:	Kyle Starr, CCEMT-P
Cardiac:	Jon Trapp, EMT-P
Asthma & Airway:	Steve Novakovich, EMT-I/99
Patient Assessment:	Dr. Brad Fouts
Restraints:	Kelly Carrington, EMT-B
Incident Command:	Tom Kuntz, RL Fire Chief
And more!	

Apparatus Spotlight - E71

Each month from now on, there will be a segment on one of our apparatus to help people become familiar with the specifics of that apparatus. This month, the spotlight is on Engine 71 (E71). Here are the facts:

Model Year:	2004
Make/Model:	Pierce Sabre
Type:	Type 1 Structural Engine
Weight:	38,940 lbs
Size:	31 feet long, 8 ft wide, 10 feet tall
Pump:	Waterous CS/Hercules CAFS with 200 cfm CAFS capability.
Water Tank:	1,000 gallons in a baffled poly tank.
Pump Capacity:	1,250 gallons per minute at 150 psi.
Seating Capacity:	6 (1 driver, 5 seats with SCBA).

Engine 71 is our primary city fire engine. With a compressed air foam system, E71 is capable of fighting a lot of fire with it's 1,000 gallons of on-board water before needing a more definitive water supply. It carries 1,000+ feet of large diameter hose (LDH) for hydrant connection, and features a front bumper attack hoseline and two crosslay hoselines. In addition to the standard ladders, vent saws, pike poles and axes, E71 also carries auxiliary scene lighting, a thermal imaging camera, fire extinguishers, hazardous materials containment equipment, flashlights, hose appliances, traffic control equipment, foam and more.

2009 Response Totals (As of October 1)

Total EMS responses:	344
Interfacility transports:	104
911 emergency calls & other:	240
Total fire responses:	112
Structure Fires:	6
Vehicle Fires:	3
Wildland Fires:	3
Other Fires:	6
EMS Assist:	4
Rescue / MVC:	21
Explosion / Rupture:	1
Hazardous Situation:	21
Service or Other:	3
Good Intent Calls :	25
False Alarm / False Call:	16
Contract Fires:	3



Red Lodge Fire Rescue

P.O. Box 318
Red Lodge, MT 59068
(406) 446-2320

Email: info@redlodgefire.com

A official publication of Red Lodge Fire Rescue

www.redlodgefire.com

The All-Call



Official Department Newsletter

Red Lodge
FIRE
RESCUE

Red Lodge Fire Rescue
P.O. Box 318
Red Lodge, MT 59068

Postage

